



2022-2023 Rams Baseball Club Player Contract

I have agreed to become a member of the ***Rams Baseball Club Program***. As a member of this team, I will do my best to obey the following rules and regulations that have been set by the program:

- 1. I will always hustle.** I will hustle on and off the field, on every ball I hit, on the bases and in the field.
- 2. I will respect my coaches and parents and do as they ask.** I understand that they come from a place of experience and want to help me become the best I can be.
- 3. I will not use profanity.** I will always set a good example and represent my team with class.
- 4. I will practice good sportsmanship before, during and after games.** I will appreciate the good play of our opponents and remain humble during my shining moments.
- 5. I will treat all opposing players, coaches and fans with respect.** The only difference between us is that they are pulling for the other side.
- 6. I will respect decisions made by the umpires.** I cannot change their decisions, and I recognize my reaction may reflect poorly on both my team and me as a player.

7. I will handle winning with class and losing with grace. A player's true character is shown in handling both winning and losing with similar reflection and appreciation.

8. I will never quit. No matter the score, inning or number of outs, I will always give my best. My teammates deserve nothing less.

9. I will work hard when no one is watching. My work ethic is based on the hard work I put in during games and practices as well as at home.

10. I will never throw a bat or other equipment in anger. Not only is this unsafe, but it is a selfish display of poor self-control and bad sportsmanship.

11. I will always prioritize safety of myself & others around me. I will be properly equipped and aware of my surroundings when throwing a ball or swinging a bat.

12. I will treat practices seriously as an opportunity to become the best player I can be. Practice is my time to polish my tools while the game is my time to shine.

13. I will practice self-control, setting a positive example for others. I will not get down on myself when things aren't going my way.

14. I will always support and encourage my teammates. I will be helpful and courteous, treating my teammates the way I would want to be treated.

15. I will respect the facilities we are provided for practices and games. I will not damage equipment, I will clean up when we're done and I will treat it as I would my home.

16. I will represent my team with class. I understand that how I behave and present myself will reflect either positively or negatively on my teammates and coaches.

17. I will remain in the dugout during games at all times, unless approved by a coach. My focus needs to be between the lines.

18. I understand my grades in school and behavior at home and outside of baseball may impact my position on the team. There is more to life than baseball.

19. I will embrace my role, position on the field and in the lineup, and I will not complain or feel sorry for myself. This is a team, and I will always do what is necessary for the team to be successful.

20. I will learn from my mistakes. I will make mistakes, but I will use them as opportunities to learn.

I will always do my best to follow these rules. My coaches, parents and I understand that I am not perfect, but repeated violations can and will impact my standing on this team. Depending on the severity and frequency of my infractions, I may see less playing time, a diminished role or complete removal from the team without reimbursement of fees paid.

I understand that these rules are not meant to scare me. These are rules I embrace to help me become a better player, teammate and person.

I understand these rules, and I will do my best to always represent my teammates & the RBC program positively.

PLAYER SIGNATURE

DATE